



Nutrition Educator, Healthy Harlem

In 2005, as a direct response to the public health crisis of obesity in our youth, HCZ created an effort called the Healthy Living Initiative (HLI) to encourage our students and their families to incorporate healthy food choices and physical activity into their daily lives. In the years since then, we have sought to deepen our work in this area and have developed a strategic program model and growth plan called Healthy Harlem (HH), which consists of best practices in physical activity, nutrition education, and community support. Like HLI, this program is designed to instill a culture of healthy living throughout the Zone but is more expansive and strategically focused in the way we reach youth in our programs, their parents and care givers, and the community at-large.

Our three-pronged approach consists of *Prevention*, which serves the general youth population and their families; *Treatment*, which provides intensive support for at-risk youth and their parents and caregivers; and *Medical Management*, which connects high-risk youth and their families to professional health care providers.

We are seeking part-time Nutrition Educators to work at our selected HCZ sites. They will work at a designated program location and will be part of a wellness team dedicated to improving nutrition and increasing physical activity for students at their respective site.

Essential Duties and Responsibilities

- Conduct cooking and nutrition education classes/workshops for students, grades Pre-K through 12
- Attend all trainings and meetings as determined by Health Coordinator
- Advocate healthier eating for students and staff, both on- and off-site
- Document student activities, participation, and services provided
- Assist with special projects and events
- Perform other duties as assigned

Qualification, Skills and Knowledge Requirements

- Bachelor's degree in Nutrition or related field with 1-2 years of relevant work experience; working knowledge of community nutrition preferred
- Must have experience conducting health assessments and facilitating group workshops
- Must have experience implementing hands-on nutrition education and cooking programs
- Experience working with youth
- Comfortable working in various urban settings and with diverse populations
- Team-oriented with strong organizational and collaborative skills
- Excellent communication skills, both oral and written
- Adapts well to changes in assignment and priorities with the ability to respond effectively to new information, changing conditions, and unexpected obstacles
- Must be available to work after-school hours and evenings, as well as attend trainings during out-of-program hours
- Willingness to model Healthy Harlem standards of nutrition and activity and personally demonstrating the caliber of performance and behavior that is expected of the staff and students